



# ISHN 2026-Lisbon

João Tavares  
MD, PHD

Taipas, ICAD, Cies- Iscte  
Already with help from the local  
organising committee - Cecília Vaz

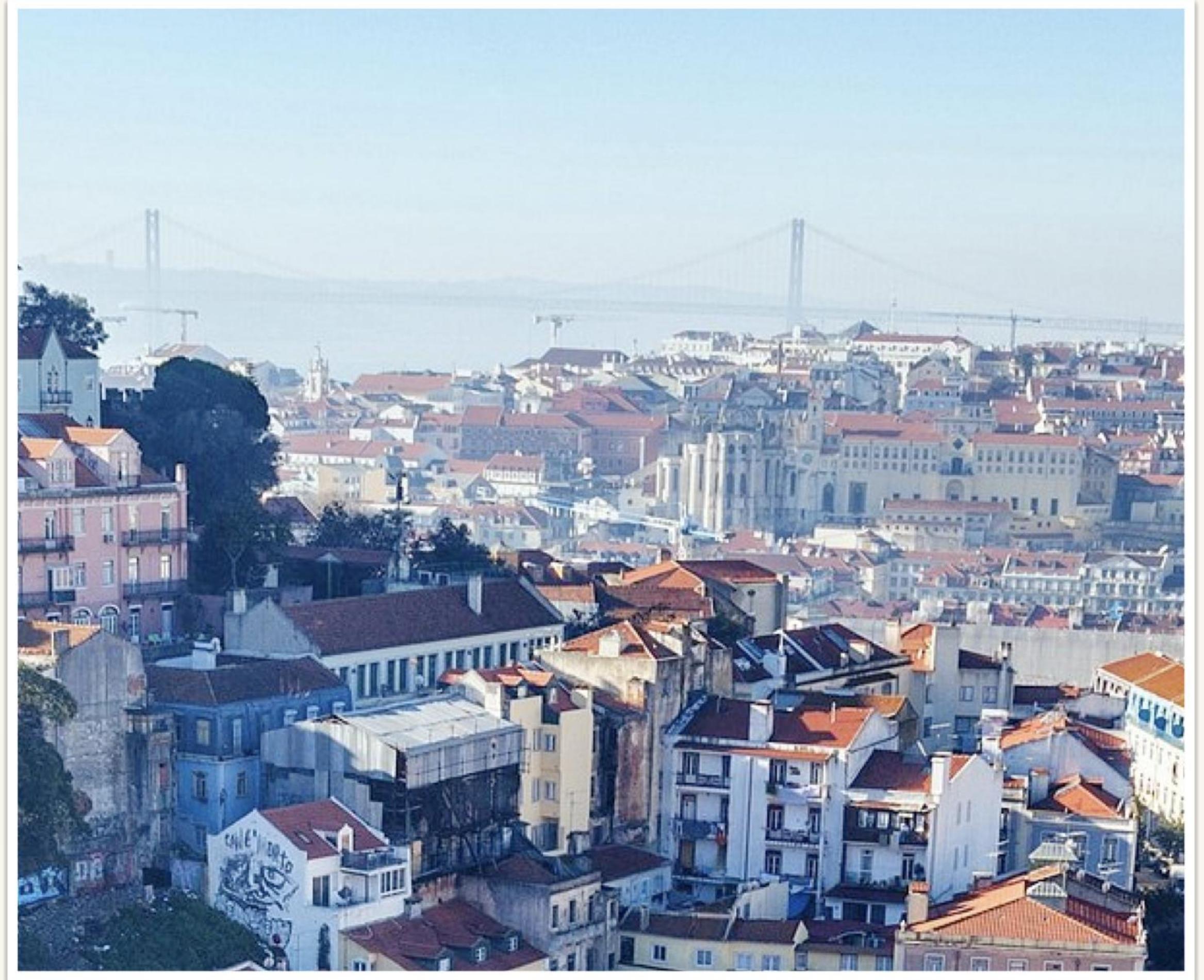
# ISHN 2026 -Lisbon

- ❖ One of the oldest cities in the world, with origins dating back to around 1200 BCE. Has maintained a strong historical connection with both the Tagus River and the Atlantic Ocean.
- ❖ Conquered by Portugal's first king, Afonso I, in 1147 during the Christian Reconquista. Became the official capital of the Kingdom of Portugal in 1255.
- ❖ From the mid-15th century, Lisbon expanded in both population and area, thriving during the Portuguese Sea Expansion and becoming a wealthy, diverse, multicultural hub.
- ❖ In the early 18th century, wealth from Brazilian plantations, as well as gold and diamond mining, further boosted the city's development.
- ❖ In 1755, a massive earthquake followed by tsunami and fires destroyed approximately 80% of Lisbon, marking a major turning point in the city's urban configuration.
- ❖ From the late 19th century onward, the city saw significant suburban growth, driven by improved transportation and early industrialization. Today, the Lisbon Metropolitan Area is home to around 2.8 million people (about 26.7% of Portugal's population). The city of Lisbon itself has approximately 545,000 residents.
- ❖ A cultural, economic, political, and administrative center, Lisbon blends history and tradition with contemporary life, seen in its architecture, heritage landmarks, historic neighborhoods, and modern street art murals.



# ISHN 2026 Lisbon

- ❖ Climate
  - ❖ 28 °C medium High (80°F)
  - ❖ 19° C medium Low (64°F)
- ❖ Safety- portugal is consistently ranked as one of the safest countries in world. Being ranked 7th in the Global Peace Index of 2024, before Denmark.

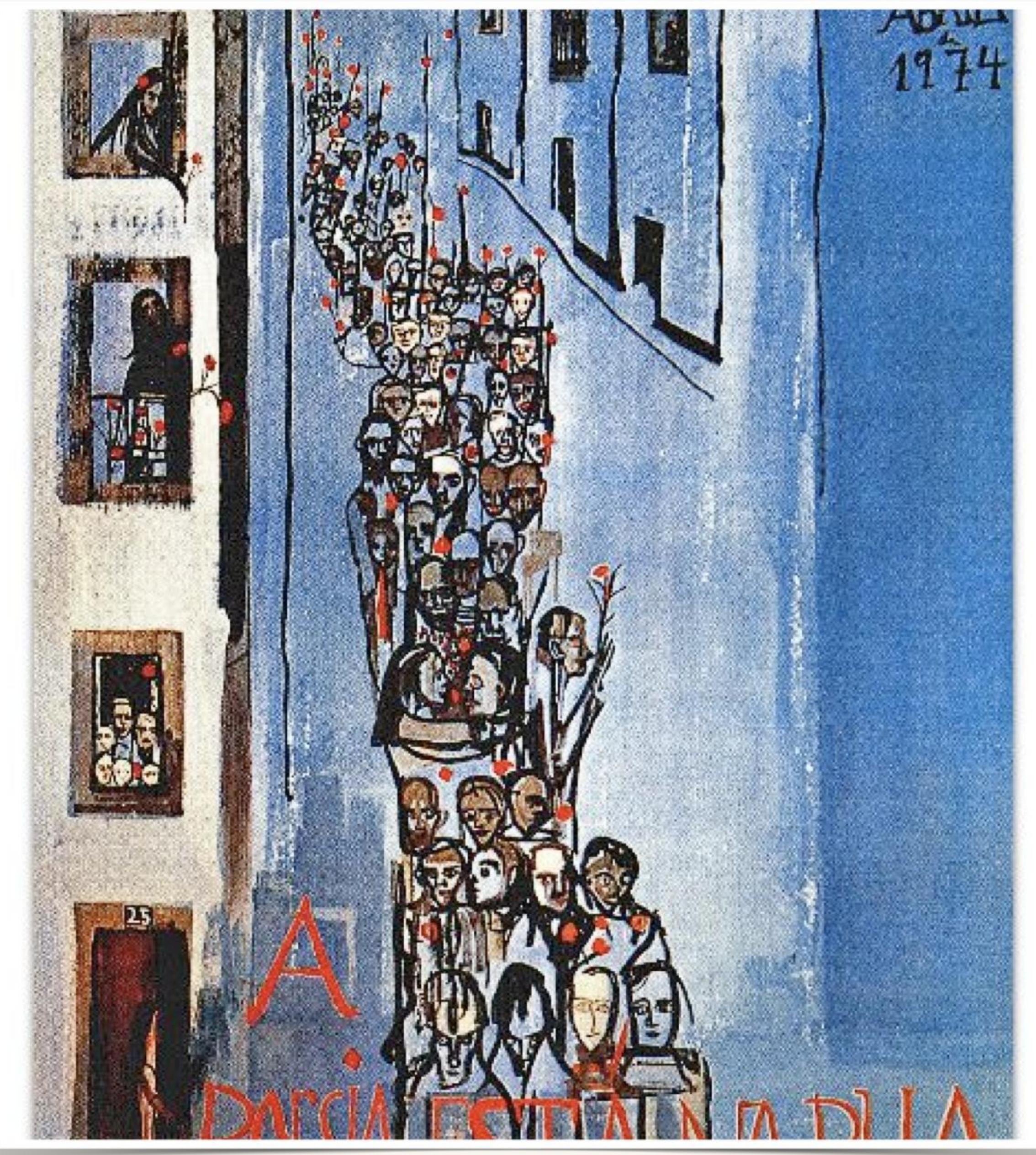


# ISHN 2026 Lisbon

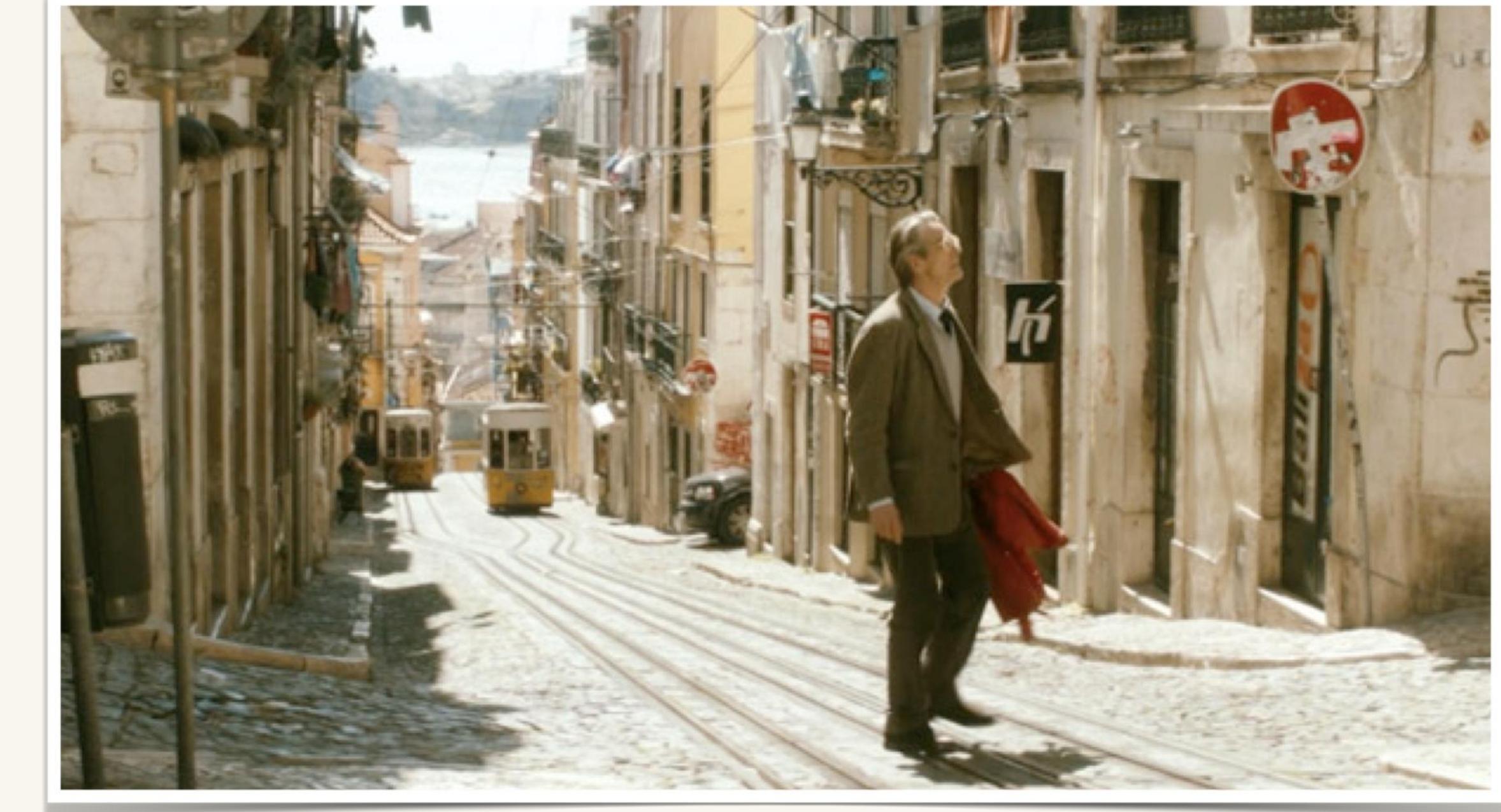
- ❖ The meeting will happen under the umbrella of CIES.
- ❖ CIES-Iscte is one of Iscte-University Institute of Lisbon's R&D units in the area of Social Sciences. Dedicated to studying contemporary social problems from a multidisciplinary perspective,
- ❖ We have a local organising committee with both physicians and historians
- ❖ Key dates -provisional
  - ❖ Call for abstracts 15th November- 15th January 2025
  - ❖ 6-10 July 2026
  - ❖ *save the date* will be sent in the next few weeks
- ❖ Possible venue- but still to be determined



## Lisbon in the art and cinema



Cartaz *A poesia esta na rua* Maria Helena Vieira da Silva



Night train to Lisbon 2013

Please send any expectations,  
suggestions or ideas to:

[ishn2026lisbon@gmail.com](mailto:ishn2026lisbon@gmail.com)