

7:15–8:00 AM | Breakfast

8:00–8:10 AM | Welcome Remarks – Helen Lavretsky (UCLA)

8:10–8:20 AM | What is Brain Health? – Sahib Khalsa & Indu Subramanian (UCLA)

8:20–8:35 AM | UCLA Leadership Remarks – Stephen Smale, Helena Hansen, Tom Carmichael

8:35–9:35 AM | Global Brain Health & Policy Panel

- Steve Carnevale – California Commission on Behavioral Health
- Harris Eyre – Building the Global Brain Economy
- Steven Lewis – World Federation of Neurology & Brain Health
- Panel Q&A

9:35–10:00 AM | Keynote – Brain Health Across the Lifespan
Dan Geschwind (UCLA)

10:00–10:15 AM | Coffee Break

10:15–11:30 AM | Brain Health Science Panel – Measuring Brain Health: Toward a Brain Health Index
Lavretsky, Ajilore, Hsiao, Najafi, Cagigas, Ramirez | Moderator: Alice Luo Clayton

11:30 AM–12:45 PM | Lunch & Networking

12:45–1:05 PM | Keynote – Value-Based Brain Healthcare
Susan Armiger | Moderator: Christopher Giza

1:05–1:25 PM | Keynote – Philanthropy & Brain Health Infrastructure
Cara Altimus

1:25–2:25 PM | Panel – Funding New Brain Science
Alice Luo Clayton, Nancy Keach, Kelly O'Brien | Moderator: Kana Enomoto

2:25–3:40 PM | Brain Health Science Panel – Modifiable Lifestyle Factors Across the Lifespan
Feldman, Poe, Li, Goldman, Zeidan | Moderators: Feldman & Zaldy Tan

3:40–3:55 PM | Coffee Break

3:55–5:25 PM | Art, Creativity & Brain Health Mini Panels

- Music & Brain Health – Assal Habibi, Ken Wells | Moderator: Alex Leow
- Visual Arts & Dance – Marjani Forté-Saunders, Karla Diaz | Moderator: Eraka Bath
- Creativity & Brain Health – Jake Broder | Moderator: Gina Poe

5:25–5:30 PM | Closing Remarks – Lavretsky, Khalsa & Subramanian

5:30–7:00 PM | Networking Reception – Luskin Ballroom (Invitation Only)

Saturday, March 21, 2026

DAY 2

7:15–8:15 AM | Breakfast

8:15–8:30 AM | Welcome Remarks – Helen Lavretsky, Sahib Khalsa & Indu Subramanian

8:30–8:50 AM | Keynote – The Human Advantage: Stronger Brains in the Age of AI
Kana Enomoto (McKinsey Health Institute)

8:50–9:10 AM | Keynote – Improving Brain Health at Scale
Jürgen Unützer (University of Washington)

9:10–9:30 AM | Keynote – Bigger is Better: Texas Brain Economy Goes West
Jochen Reiser (University of Texas Medical Branch)

9:30–10:30 AM | Brain Health Mini Panel – Elevating the Patient & Caregiver Voice
Mark & Pam Sennet, Sandy Gleysteen, James Keach | Discussant: Linda Ercoli

10:30–10:45 AM | Coffee Break

10:45 AM–12:00 PM | Brain Health Science Panel – Brain Health in Neurologic Disorders
Hinman, Subramanian, Charles, Mazumder, Goldstein | Moderators: Hinman & Subramanian

12:00–1:15 PM | Lunch

1:15–2:30 PM | Brain Health Science Panel – Brain Health in Childhood: Exposures & Neurodevelopment
Christopher Giza, Shafali Jeste, Shannon Thyne, Rujuta Wilson | Moderator: Christopher Giza

2:30–2:50 PM | Keynote – Exposomics and Mental Health: Loneliness, Social Connection & Wisdom
Dilip Jeste

2:50–3:10 PM | Keynote – Restoring Hope: Disaster Behavioral Health Needs of Children & Families
Melissa Brymer

3:10–3:25 PM | Coffee Break

3:25–4:40 PM | Brain Health Science Panel – Technological Innovations in Brain Health
Terence Sanger, Brennan Spiegel, Ruth O’Hara, Amir Rahmani | Moderators: Khalsa & Subramanian

4:40–4:50 PM | Brain Health Redefined: Reflections from Neurology & Psychiatry
Sahib Khalsa & Indu Subramanian

4:50–5:00 PM | Closing Remarks & Future Directions
Helen Lavretsky

Committee

Organizing Committee- UCLA

Chair: Helen Lavretsky

Co-Chairs: Indira Subramanian & Sahib Khalsa

Committee Members:

Eraka P. Bath

Stanley T. Carmichael

Anne K. Churchland

Linda Ercoli

Jack Feldman

Christopher Giza

Joshua Goldman

Jason Hinman

Elaine Hsiao

Administrator: Didiana Huezo

External Advisory Committee

Harris Eyre- Global Brain Economy Alliance

Steve Carnevale- California Behavioral Health Commission

Toby Ewing- Stanford University

Rodrigo Mahs- Catalight Health

Cara Altimus - Milken Institute

Alice Luo Clayton-McKnight Brain Research Foundation

Kana Enomoto-McKinsey Health Institute

Kelly O'Brien - West Health Institute

George Vradenburg - Davos Alzheimer's Collaborative

High Lantern group