

UCLA Health Brain Health Summit

FRIDAY, MARCH 20 – SATURDAY, MARCH 21, 2026

7:15 A.M. – 5:00 P.M.

UCLA Meyer & Renee Luskin Conference Center
425 Westwood Plaza
Los Angeles, CA 90095

Why Brain Health Matters

In an era marked by climate disasters, social upheaval, and a rapidly aging population, brain health must be recognized as a fundamental public health priority essential to individual resilience, economic growth, and societal well-being.

Summit Focus

Topics span brain health across the lifespan, from perinatal development and early childhood to aging and neurodegenerative disease. Sessions will examine social determinants, environmental exposures, lifestyle factors, mental health, emerging technologies such as artificial intelligence, and review progress in global brain economy research and policy, and their implications for workforce development, innovation, and public systems.

Through collaboration and shared learning, the summit will explore practical approaches to measuring brain health, translating research into action, and advancing community-based and policy solutions.

**For more information or
to register please
contact:**

Didiana Huezo
dhuezo@mednet.ucla.edu
before Sunday, February 15, 2026



About the Summit

The UCLA Health Brain Health Summit will unite researchers, clinicians, policymakers, and communities to advance brain health. Drawing on expertise from UCLA, across the UC system, and partner institutions, the Summit fosters interdisciplinary dialogue and meaningful community engagement.