



UCLA

Health

Longevity Center

Senior Scholars Program Spring 2026 Catalog

An opportunity for lifelong learning

Classes begin March 30, 2026

**Application Deadline
Friday, February 27**

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Calendar Spring 2026

Application Deadline

March 30

Confirmations Begin

March 6

Instruction Begins

March 30

Drop Deadline

April 10

Observed Holidays

Cesar Chavez March 27

Memorial Day May 25

End of Instruction June 5

SrScholars@mednet.ucla.edu

(310) 267-1054 or (310) 794-0679

Program Overview and FAQs

What is the UCLA Senior Scholars Program?

UCLA Senior Scholars is a campus-wide program that invites older adults (50+) to audit regular courses at UCLA. Senior Scholars audit lectures and follow along with class readings. Scholars do not take exams, write papers, turn in homework assignments or attend discussion sections/labs. Scholars do not receive a grade, or academic credit.

How much does it cost?

Quarterly fees are \$200 for each class. This includes a \$30 non-refundable administrative fee per course.

How do I know which classes are offered?

This catalog contains a list of the in-person and online undergraduate courses being offered this quarter. Approval to attend any course is subject to instructor consent and classroom space limitations.

*Restrictions: Lab, language, seminar, studio art, performing art and other courses that require daily professor-student interaction cannot be audited.

How do I audit in person and online instruction?

Spring Quarter 2026 will offer both in-person and online instruction. To audit online instruction, check the “Online Transition Q&A” section of the catalog to learn more about what you will need to attend lecture online.

Application Process

Step 1- Create a UCLA Logon ID

If you are a returning Senior Scholar, you already have a UCLA logon ID and do not need to complete this step. Please remember your UCLA logon ID username, as you will be required to submit it for your application. If you need assistance resetting your UCLA logon information, please visit

<https://www.semel.ucla.edu/longevity/class-website-help>

1. Go to <https://accounts.iam.ucla.edu> and select "Create a UCLA Logon"
2. Read and agree to the Acceptable Use Policy; then click the Next button.
3. Select “I do not have a UCLA Identification Number.”
4. Input your name, date of birth and email address.
5. Create a username (Logon ID), password, and security question following the onscreen instructions.
6. You have the option to add multi-factor authentication to your account – we do not recommend adding MFA for Senior Scholars. You can skip this step.
7. Safely store your Logon ID, password and security question answers; your Logon ID will remain the same throughout your time as a Scholar.

If you would like a visual guide with pictures to creating a UCLA logon ID, please visit

<https://www.semel.ucla.edu/longevity/class-website-help>

Step 2- Find a class.

A limited number of online classes are listed in the catalog. To find the full list of available in person A limited number of online classes are listed in the catalog. To find the full list of available in person courses, view the Schedule of Classes.

To view the entire Spring Schedule of Classes:

Visit the UCLA Registrar's website- <https://sa.ucla.edu/ro/Public/SOC/>

1. **DO NOT** click on the Find a Class and Enroll or Class Planner features. **Scroll below to “Term.”**
2. Select **Spring Sessions 2026** and click on the box next to *subject area* for a dropdown menu of subjects.
3. Click on your desired subject, and click “Go” to pull up a list of classes in that subject area.
4. Look for classes numbered below 200.
5. Click on a class title, and the lecture information (Days, Time, Location, etc.) will drop down.
6. Look only at lecture information (labeled **Lec**). Discussion sessions (labeled **Dis**) are not available to auditors.
7. If you click on the “**Lec 1**” link, that will pull up another page with the course description.

Schedule of Classes Website Example

The screenshot shows the UCLA Schedule of Classes website. At the top, there is a navigation bar with links like 'Senior Scholars Program', 'Schedule of Classes', 'CASHNet online app', 'TP Time Suite for DGS', 'Classroom List | Office', 'UCLA Campus Direct', and 'Classroom Grid Search'. Below this is the main heading 'SCHEDULE OF CLASSES' and a subheading 'To search for classes offered, select a term and search criterion from the drop-down menus, then click GO.'.

Annotations on the screenshot include:

- 1.** A blue box labeled 'Student Reminder' with text: 'To see real-time enrollment counts and to enroll classes into your study list, use the MyUCLA Find a Class and Enroll and Class Planner features.' This section is crossed out with a large black 'X'.
- 2.** A circle around the 'Term: Spring 2017' dropdown menu, which is currently set to 'Spring'. Below it is a link 'What is a Subject Area?'.
- 3.** A circle around the 'Go' button next to the 'Subject Area' dropdown menu.

The 'Subject Area' dropdown menu is open, showing a list of subjects: Art History (ART HIS), Arts and Architecture (ART&ARC), Arts Education (ARTS ED), Asian, Asian American Studies (ASIA AM), Astronomy (ASTR), and Atmospheric and Oceanic Sciences (A&O SCI). The 'Go' button is highlighted with a red circle.

At the bottom of the page, there are several links: 'Special Programs', 'Civic Engagement Opportunities', 'Master Lists', 'MyUCLA', and 'Enrollment Appointment Charts'.

5. **127B - European Art of 19th Century**

*E: To see all sections for this class, you must select a Lecture.

6. & 7.

Section	Status	Waitlist Status	Info	Day(s)	Time	Location	Units	Instructor(s)
Lec 1	Open 39 of 45 Left	No Waitlist	⚠	TR	2pm-3:15pm	Boelter 5440	4.0	Medvedev, N.

CM135B - African American Art, 1900 to 1963

C139B - Aztec Art and Architecture

Step 3 - Submit an application to the Senior Scholars Program.

There are several ways to submit an application.

- **Apply online** using the Apply Now button at: <https://www.semel.ucla.edu/longevity/how-find-class-apply>
- You may also call 310-794-0679 or 310-267-1054 if you would like to apply over the phone.
- We suggest listing an alternate course in case your first-choice course is unavailable.

Step 4- The Senior Scholars office requests approval from your prospective professor.

- Attendance in any course must be approved by the professor through the Longevity Center.
- Instructor approvals begin at the end of the application deadline. It can take several weeks before we hear back, and space is often limited, so please apply at your earliest convenience.

Step 5 - The Senior Scholars office will email you your course status.

- Course confirmations will begin on March 6th and continue through March 30th via email.
- If we are unable to confirm your status, we encourage you to select an alternate course.

Step 6 - Class lists become official after the first two weeks of class.

- If you wish to drop a course, contact our office by **Friday, April 10th**, (minus the \$30 administrative fee) cannot be refunded.

Program Agreement

Everyone involved in the Senior Scholars Program knows what a tremendous opportunity it is to learn from some of the top professors in the country on many fascinating topics. To optimize your experience of the program, as well as that of the professors and UCLA students involved, please keep in mind the following guidelines:

1. Please keep personal opinions and beliefs out of the classroom.
2. Enrolled undergraduate students have priority seating.
3. The instructor will determine the acceptable level of participation from auditors. Please allow the enrolled undergraduate students to have the opportunity to participate first. If you are participating in an online course, please keep your microphone muted.
4. Discussion sessions/labs and professors' office hours are intended for enrolled students, not Senior Scholars.
5. The Scholars program is not responsible for any additional fees incurred, including but not limited to: book, material and parking fees.
6. Please refrain from emailing the professor directly, unless the professor initiates the communication.
7. Scholars auditing in person courses must adhere to UCLA COVID-19 protocols.
8. Senior Scholars are to refrain from reaching out directly to the UCLA IT team, all requests must come directly from the Senior Scholars office. This includes any Bruin Learn or other IT related issues.

***Participation in the Senior Scholars Program is a privilege.** The Program expects that its Scholars will comply with Program guidelines at all times. The failure to comply with any guideline(s) may prevent a Scholar from further participation in the Program.

Other Guidelines

- Introduce yourself to the professor during the first week or two of class.
 - Instructors might be busy the first class or two with undergraduates waiting to speak to them. If they look busy, wait until the next class.
 - Check in with them on their expectations for auditors in their classroom, including whether they are open to an occasional question from Scholars once students have had a chance to reply and comment.
- Introduce yourself to students around you and other Scholars you see in your class. Should you show up late to class or miss class, please communicate with other students/Scholars about what you missed. Please refrain from asking the professor about what was missed.
- If the class is not what you expected and you need to drop a class, please contact the Longevity Center Senior Scholars Program Coordinator. We will notify the instructor that you are dropping and address any concerns you may have.
- Please be mindful that in smaller classes, irregular attendance can be disruptive to the instructor and other students. If you know you have to miss several classes, please consider taking the class during a future quarter.
- The Senior Scholars office sends out a class feedback form at the end of each quarter. If you have feedback on your class, this is a great place to provide that information. We ask that all feedback comes to the Longevity Center Senior Scholars Program Coordinator.

- Please silence all electronic devices in class.
- Please arrive on-time for class. Restrict entering and exiting the classroom to emergencies only.
- Please thank your professor in person at the end of the term.

Campus Information

Can I get a library card?

As a Senior Scholar at UCLA, you are eligible for an external user library card.

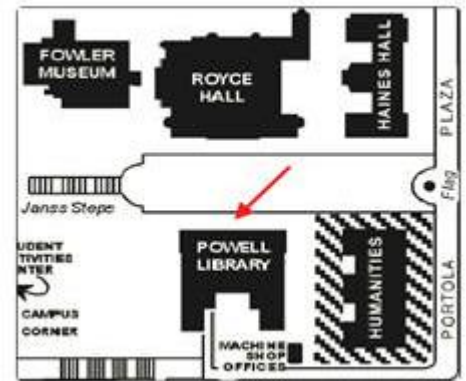
- Take the one-page course confirmation sheet you receive from the Senior Scholars office after being approved for a class and a valid ID to the circulation desk at Young Research Library (YRL) or Powell Library.
- They will issue you an External User card that can be used at all campus libraries except the School of Law.

View a map of UCLA libraries: http://www.library.ucla.edu/sites/default/files/libmap_091710.pdf

Where can I view movies for class?

Some classes have movies assigned. Licensed videos are only available for streaming at home (Video Furnace) to fully enrolled UCLA students. However, class movies can be viewed on campus at the **Powell Library Instructional Media Lab, Room 270** <http://www.oid.ucla.edu/edtech/medialab>.

- You just need to bring a photo ID and let them know the class you want to view videos for.
- Please check the Powell Library for hours, as they fluctuate.
- Headphones are provided, but you may bring your own.
- Access the Media Lab through the main entrance to Powell Library. Take the lift to the first floor, then proceed to the south side of the building. Take the elevator on your left to the second floor and go on to room 270.



What if my class has Bruincasts?

Some classes have podcasts of lectures called Bruincasts. If you would like access to these Bruincasts, please notify the Longevity Center Senior Scholars Program Coordinator and we will coordinate with the Bruincast Office.

Is there Wi-Fi on campus?

- Wireless access is available to anyone with a wireless enabled device at Ackerman Union, Northern Lights Cafe, Kerckhoff Hall, Powell Library and Charles E. Young Library using UCLA_WEB.
- If you need Wi-Fi access in your classroom, contact the Senior Scholars office and we can provide a guest wireless account for you for the quarter.

Do I have access to online subscription resources (e.g. JSTOR, etc.)?

- Off-campus access to online subscription sources are only available to current UCLA students, faculty and staff.

- However, the public can view online subscription resources while physically in a campus library (using either the public desktop computers or Wi-Fi).

Can I print on campus?

Self-service copiers, printers and scanners are available in campus libraries. To use these devices, you must purchase a reusable visitor BruinCard from a BruinCard vending machine in the library. The cost of the card is 58 cents and the machines accept cash only. The cards are reusable and value can be added to them. However, refunds cannot be issued for any money left on a visitor BruinCard.

Can I receive Campus Alerts?

- You can check for BruinAlerts by viewing the UCLABruinAlert Twitter website: <https://twitter.com/UCLABruinAlert>
- To receive text message alerts: text “follow @UCLABruinAlert” to 40404 and you will receive a text message whenever a BruinAlert is sent.

Am I eligible for a UCLA Student ID (Bruincard)?

- No. Only faculty, staff and fully enrolled students can have a Bruincard and university ID number.

Where can I find out about special lectures or events on campus?

<http://happenings.ucla.edu/>

Getting to Campus/Parking

Public Transportation

Public transportation can be an affordable alternative to parking on campus. Several buses stop at UCLA:

Culver City 6	35 cents per ride for age 62+
Big Blue Bus 1, 2, 3, 8 and Rapid 12	60 cents per ride for age 62+
METRO 2 and 302	75 cents per ride for age 62+; 35 cents at off-peak hrs.

View where different buses stop at UCLA:

<http://www.transportation.ucla.edu/portal/pdf/maps/UCLAPublicTransitBusStops.pdf>

Plan your public transit route here: <http://www.google.com/intl/en/landing/transit/#mdy>

Accessible Parking

Individuals with disabilities may purchase an accessible permit for \$10 a day from Parking & Info Kiosks on campus. There is a kiosk at the Westholme/Hilgard campus entrance. Kiosks accept cash only.

Short-Term Campus Parking

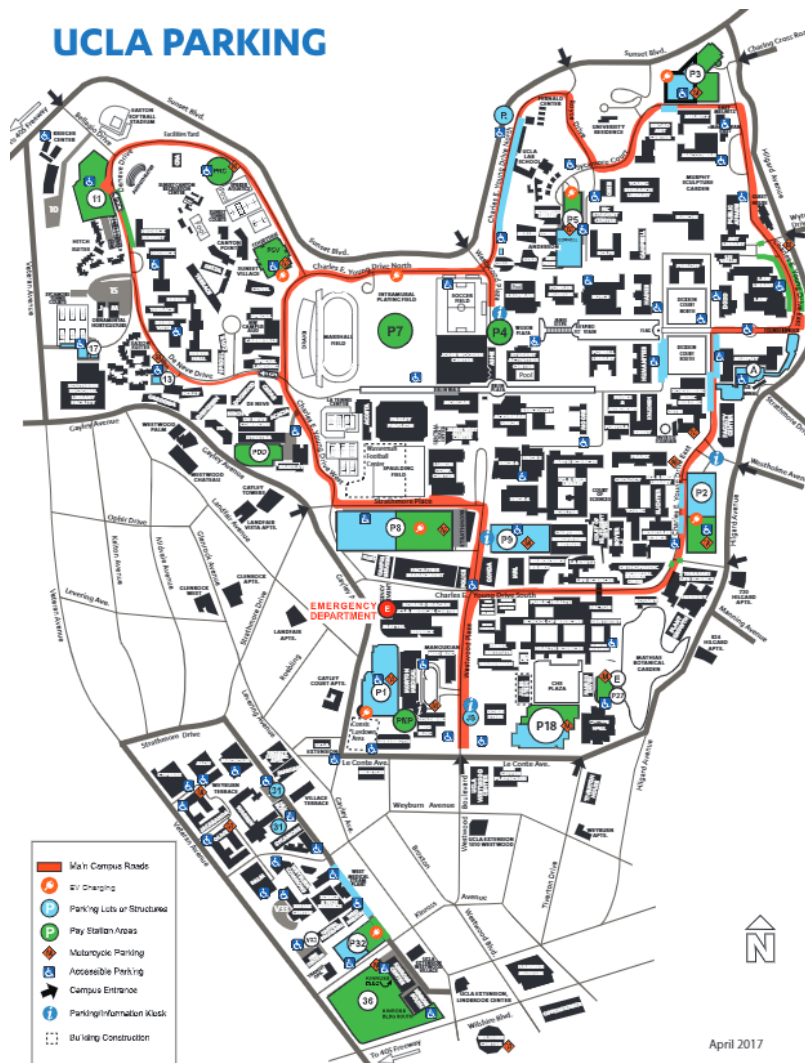
Self-service parking pay stations in lots throughout campus are perfect for those on campus for only a class or two at a time. In most parking lots, rates range from \$3.00 an hour to \$26 a day.

Rates by Parking Structure:

<https://main.transportation.ucla.edu/campus-parking/visitors/pay-station-rates-and-locations>

How to Use Self-Service Pay Stations:

1. Park in a Parking Pay Station space and take note of your stall number (Please note that Pay Stations in Structure 3 South, Lot 11 and Lot 36 do not require you to specify a stall number.).
2. Go to the nearest Parking Pay Station. If prompted, enter your stall number into the Parking Pay Station by using the number pad.
3. Choose the amount of time that you would like to spend on campus (all-day passes can also be purchased at Parking Pay Stations). Enter your payment using cash or credit card. Pay stations accept \$1, \$5, & \$10 bills and don't give change. Return to your vehicle and display the ticket face up on the driver's side of your dashboard.



Spring Quarter Meets from 3/30 – 6/5

Course Listings

Abbreviations:
W=Wednesday

M= Monday
TH=Thursday

T=Tuesday
F=Friday

***Special Note: The following is a condensed list** of some of the many undergraduate courses this quarter.

This is NOT a list of pre-approved courses. Approval to audit any course is subject to instructor consent and space limitations.

If a course day/time is marked as “Asynchronous,” it means all the lectures are prerecorded and available to watch any time online.

Department	Course #	Course Title	Location	Days	Time	Instructor	Class Size
<i>African American Studies</i>	2B	Race and U.S. Military Intervention in Africa	Broad Art Center 2100A	M/W	12:30pm-1:45pm	Odinga, S.O.	75
	108	Jazz and Political Imagination	Rolfe Hall 3116	M/W	11am-12:15pm	Bolin, M.T.	30
<i>American Indian Studies</i>	M186	Indigenous Film	Public Affairs Building 2292	M	10am-1pm	Mithlo, N.M.	12
<i>Ancient Near East</i>	10W	Jerusalem: Holy City	Online – Asynchronous	Varies	Varies	Schniedewind, W.M.	40
	M110C	Iranian Civilization: History of Early Sasanian Empire--From Ardashir I to Rise of Peroz (circa 224-459 CE)	Renee and David Kaplan Hall Room A65	T/TH	2pm-3:15pm	Mousavi, S.	40
	M164	Archaeology of Levant	Dodd Hall Room 78	M/W	2pm-3:15pm	Burke, A.A.	10

<i>Anthropology</i>	1	Human Evolution	Fowler Museum at UCLA Room A103B	T/TH	11am-12:15pm	Prall, S.P.	306
	4	Culture and Communication	Fowler Museum at UCLA Room A103B	M/W	11am-12:15pm	Swinehart, K.	306
	112R	Cities Past and Present	Fowler Museum at UCLA Room A139	M/W	9:30am10:45am	Smith, M.L.	60
<i>Architecture and Urban Design</i>	10B	Histories of Architecture and Urbanism II	Renee and David Kaplan Hall Room A51	T/TH	12:30pm-1:45pm	Osman, M.	240
<i>Art History</i>	M119D	Archaeology and Art of Christian and Islamic Egypt	Public Affairs Building Room 2250	T/TH	11am-12:15pm	Burke, K.S.	15
	127B	European Art of 19th Century	Dodd Hall Room 146	T/TH	11am-12:15pm	Chowdhury, Z.	60
	C136D	Black Portrait	Dodd Hall Room 146	T/TH	12:30pm-1:45pm	Barber, T.E.	60
	144	Caribbean Art	Dodd Hall Room 146	M/W	12:30pm-1:45pm	Rosenblum, B.T.	60

<i>Asian</i>	40	Foundations of East Asia: Philosophical and Literary Traditions	Rolfe Hall 1200	M/W	2pm-3:15pm	Duthie, N.N.	180
	135	Asian Foodways across Borders	Bunche Hall Room 3156	M/W	12:30pm-1:45pm	Jung-Kim, J.J.	40
<i>Asian American Studies</i>	10	History of Asian Americans	Royce Hall Room 362	T/TH	9:30am-10:45am	Fong, K.N.	133
	30W	Asian American Literature and Culture	Haines Hall 118	M/W	5pm-6:15pm	Burns, L.M.	120
<i>Astronomy</i>	4	Black Holes and Cosmic Catastrophes	Kinsey Science Teaching Pavilion Room 1240B	T/TH	11AM-12:15PM	Malkan, M.A.	90
	5	Life in Universe	Physics and Astronomy Building Room 1425	T/TH	12:30pm-1:45pm	Rich, M.	180
	140	Galaxies	Physics and Astronomy Building Room 2434	T/TH	12:30pm-1:45pm	Furlanetto, S.R.	45

<i>Central and East European Studies</i>	31	Introduction to Slavic, East European, and Central Asian Cultures through Film	Public Affairs Building Room 2270	T/TH	2pm-3:15pm	Kresin, S.C.	60
<i>Chicana/o and Central American Studies</i>	M128	Race, Gender, and U.S. Labor	Royce Hall Room 362	M/W	12pm-1:50pm	Andalon, R.	100
	M128C	Common Thread: Garment Workers Past, Present, Future	Royce Hall Room 160	T/TH	2pm-3:15pm	Luce, C.E.	5
	131	Barrio Popular Culture	Public Affairs Building Room 2250	M/W	5pm-6:15pm	Garcia Hernandez,	60
	146	Chicano Narrative	Bunche Hall Room 3211	T/TH	11am-12:15pm	Calderon, H.V.	45
<i>Chinese</i>	50	Chinese Civilization	Rolfe Hall Room 1200	M/W	11am-12:15pm	Wu, Y.	240

	139	Gardens in China	Haines Hall Room A44	M/W	9:30am-10:45am	Mai, H.	40
<i>Classics</i>	20	Discovering Romans	Dodd Hall Room 147	M/W/F	10am-10:50am	Martelli, F.K.	348
	51B	Art and Archaeology of Ancient Rome	Dodd Hall Room 147	T/TH	12:30pm-1:45pm	Johanson, C.	348
<i>Earth, Planetary and Space Sciences</i>	13	Natural Disasters	Franz Hall 1178	T/TH	12:30pm-1:45pm	Beghein, C.	240
	17	Dinosaurs and Their Relatives	Moore Hall Room 100	T/TH	11am-12:15pm	Jaramillo Hernande	442
<i>Ecology and Evolutionary Biology</i>	120	Evolution	Franz Hall Room 1260	T/TH	11am-12:15pm	Gorlitsky, L.	120
	154	California Ecosystems	Life Sciences Room 2320	F	9am-11:15am	Sork, V.	18

<i>Economics</i>	1	Principles of Economics	Broad Art Center Room 2160E	T/TH	11am-12:15pm	Ohanian, L.	380
	2	Principles of Economics	Broad Art Center 2160E	M/W	2pm-3:15pm	Boswell, K.S.	304
	106M	Financial Markets and Financial Institutions	Public Affairs Building Room 1222	T/TH	2pm-3:15pm	Tornell, A.	90
<i>English</i>	10A	Literatures in English, 1700	Dodd Hall 161	T/TH	9:30am-10:45am	McEachern, C.	100
	11	Introduction to American Cultures	Dodd Hall Room 167	T/TH	2pm-3:15pm	Mazzaferro, A.M.	50
	60	L.A. Women	Renee and David Kaplan Hall Room 169	T/TH	11am-12:15pm	Lee, S.K.	100
	M118F	Food Cultures and Food Politics	Bunche Hall Room 3153	M/W	2pm-3:50pm	Hall, C	15

<i>Geography</i>	2	Biodiversity in Changing World	Haines Hall Room A2	T/TH	8am-9:15am	Illes, L.I.	120
	3	Cultural Geography	Haines Hall Room A2	T/TH	12:30pm-1:45pm	Faier, L.B.	120
	7	Introduction to Geographic Information Systems	Online	Varies	Asynchronous	Shin, M.E.	300
<i>History</i>	1C	Introduction to Western Civilization: Circa 1715 to Present	Franz Hall Room 1178	T/TH	11am-11:50am	Penny, H.	180
	3A	History of Science: Renaissance to 1800	Franz Hall Room 1178	M/W/F	1pm-1:50pm	Alexander, A.	180
	10B	History of Africa, 1800 to Present	Bunche Hall Room 1209B	T/TH	11am-12:15pm	Frederick, H.E.	120

	153	American West	Haines Hall Room 118	M/W/F	10am-10:50am	Madley, B.L.	120
	170D	20th-Century China	Broad Art Center Room 2100A	T/TH	9:30am-10:45am	Zhang, M.	40
<i>Linguistics</i>	M4	Language and Evolution	Haines Hall Room 118	T/TH	12:30pm-1:45pm	Clayton, J.B.	20
<i>Musicology</i>	5	History of Rock and Roll	Schoenberg Music Building Room 1100	T/TH	11am-12:50pm	MacFadyen, D.W.	240
	35	Introduction to Opera	Schoenberg Music Building Room 1200	M/W	11am-12:50pm	Brown, K.A.	120
	125C	History of Western Music: Modern and Postmodern Era	Schoenberg Music Building Room 1344	T/TH	11am-12:50pm	Calico, J.H.	60
	128	History of Popular Music	Schoenberg Music Building Room B544	T/TH	1pm-2:50pm	Carlos, C.C.	30
<i>Philosophy</i>	4	Philosophical Analysis of Contemporary Moral Issues	Rolfe Hall Room 1200	M/W	12:30pm-1:45pm	McHose, J.B.	240
	21	Skepticism and Rationality	Fowler Museum at UCLA Room A103B	T/TH	3:30pm-4:45pm	Hsu, A.	180

	31	Logic, First Course	Dodd Hall Room 121	MW	8am-9:50am	Levy, S.R.	158
<i>Psychology</i>	110	Fundamentals of Learning	Moore Hall Room 100	T/TH	8am-9:15am	Wikenheiser, A.M.	324
	119V	Brain and Art	Dodd Hall Room 78	T/TH	12:30pm-1:45pm	Zaidel, D.	45
	120B	Sensation and Perception	Bunche Hall Room 1209B	T/TH	9:30am-10:45am	Shams, L.	216
	124G	Cognition and Successful Aging	Pritzker Hall Room 1531	F	10am-12:50pm	Castel, A.D.	50
<i>Political Science</i>	10	Introduction to Political Theory	Haines Hall Room 118	M/W	8am-9:15am	Branstetter, J.G.	120
	20	World Politics	Rolfe Hall Room 1200	T/TH	9:30am-10:45am	Ying, L.	240
	140A	National Institutions: Congress	Rolfe Hall Room 1200	T/Th	11am-12:15pm	Payson, J.	240
	171D	Negotiation	Public Affairs Building Room 1323	W	3pm-5:50pm	O'Neill, B.	29

<i>Public Affairs</i>	10	Social Problems and Social Change	Dodd Hall Room 121	T/TH	9:30am-10:45am	Sherrer, T.A.	150
	70	Information, Evidence, and Persuasion	Kinsey Science Teaching Pavilion Room 1200B	T/TH	2pm-3:15pm	Manville, M.K.	120
	112	Social Movements	Haines Hall Room A18	TH	5pm-7:50pm	Ritterbusch, A.E. Jauregui, J.C. Monolina, P.	120
	121	Race, Class, Gender, and Spatial Inequality	Bunche Hall Room 2168	TH	2pm-4:50pm	Covington, K.L.	20
<i>Religion</i>	M107	Islam in West	Renee and David Kaplan Hall Room A51	T/TH	11am-12:15pm	Sayeed, A. TA	50
	M135	Religion in Ancient Israel	Royce Hall Room 152	T/TH	12:30pm-1:45pm	Smoak, J.D.	10
	M175	Topics in Philosophy of Religion	Bunche Hall Room 3150	M/W	2pm-3:50pm	Johnson, M.C.	17
<i>Sociology</i>	1	Introductory Sociology	Haines Hall Room A2	M/W	10am-11:50am	Deckard, F.M.	120
	111	Social Networks	Haines Hall Room 220	M/W	2pm-3:50pm	Lizardo, O.A.	120

	122	Sociology of Violence	Moore Hall Room 100	T/TH	12:30pm-1:45pm	Luft, A.R.	300
	145	Sociology of Deviant Behavior	Dodd Hall Room 121	T/TH	3:30pm-4:45pm	Sigmon, J.P.	150
<i>Scandinavian</i>	40	Heroic Journey in Northern Myth, Legend, and Epic	Kaufman Hall Room 101	T/TH	Asynchronous	Wen, P.J.	300
	111	Social Networks	Dodd Hall Room 121	T/TH	11am-12:15pm	Wegemer, C.	120
<i>Introduction to World Arts and Cultures</i>	100A	Art as Social Action	Renee and David Kaplan Hall Room A65	M	6:30pm-9:20pm	Sellars, P.M.	100
	C142	Myth and Ritual	Dodd Hall Room 175	M	3pm-5:50pm	Sellars, P.M.	80
<i>End of List</i>							

Course Descriptions

African American Studies

AF AMER 2B Survey of U.S. security policy toward Africa from Cold War to present. Emphasis on ways that notions of racial hierarchy have influenced U.S. strategic priorities, threat assessments, and military initiatives throughout Africa. Special attention to U.S. covert operations and security alliances in Africa. Examination of impact of U.S. security policies on peace, conflict, and governance in Africa. Focus on change and continuity in Black transnational responses to U.S. security initiatives in Africa, particularly during Cold War and War on Terror.

AF AMER 108 How has jazz come to symbolize so many different political tendencies--freedom and democratic values, threat to order and civil society, possibility of integration and racial harmony, Black liberation and nationalism, conservatism, surrealism, socialism, etc., throughout 20th century? What about jazz enables people to read their political aspirations and hopes in what is primarily instrumental, improvised music? Exploration of history of ideas about jazz, specifically how writers, activists, movements, and musicians understood politics of jazz. Exploration of political imaginations--here and abroad--in particular in jazz and question of freedom--social freedom, political freedom, cultural, and artistic freedom.

American Indian Studies

AM IND M186 Introduction to study of indigenous filmic images and representations, with focus on selected ethnographic, documentary, animated, and feature films ranging from 1920 to present.

Ancient Near East

ANE M60W Survey of religious, political, and cultural history of Jerusalem over three millennia as symbolic focus of three faiths: Judaism, Christianity, and Islam. Transformation of sacred space as reflected by literary and archaeological evidence through examination of testimony of artifacts, architecture, and iconography in relation to written word. Study of creation of mythic Jerusalem through event and experience.

ANE M110C From fall of Arsacids to Muslim conquest of Iran. Emphasis on political and

economic history, evolution of state structure, empire's religious landscape (Mazdism, Manicheism, Exilarchate, Church of Persia, Mazdakism), Persian and Roman/Byzantine interactions, Persia and East. Further accent on Persian-Roman conflicts and cooperation, Persia and Huns.

ANE M164 Survey of archaeology of Levant from late fifth millennium through arrival of Alexander the Great (circa 4500-332 BC). Examination of social, economic, political, and cultural developments through archaeological finds from geographic region bounded by Anatolia and Mesopotamia on north, Egypt to south, and Arabian Peninsula to east. Archaeological methods, theory, and practice are addressed; and geographic, environmental, climatological, and textual data are employed to establish broader context for Levantine traditions. (Same as Archeology M164, Art History M111E, and Middle Eastern Studies M164.)

Anthropology

ANTHRO 1 Evolutionary processes and evolutionary past of human species.

ANTHRO 4 Introduction to study of communication from anthropological perspective. Formal linguistic methods compared with ethnographically oriented methods focused on context-bound temporal unfolding of communicative activities. Topics include language in everyday life and ritual events, socialization, literacy, multilingualism, miscommunication, political discourse, and art-making as cultural activity.

ANTHRO 112R Examination of ancient and modern cities to evaluate how urban form developed and continues to thrive as human social phenomenon. Contemporary observations compared with archaeological case studies, including South America, Asia, Africa, and ancient Near East

Architecture and Urban Design

ARCH&UD 10B Survey of architectural and urban history from 1600 to present in global context. Exploration of buildings, cities, spaces, artifacts, landscapes, and ideas through their relation to geopolitical conditions and through their relation to theories of design.

Art History

ART HIS 1 Prehistoric, Egyptian, Mesopotamian, Aegean, Greek, Hellenistic, and Roman art and architecture.

ART HIS M119D Culture of Egypt transformed

gradually after Muslim conquest in mid-7th century CE. According to material evidence such as ceramics, textiles, architectural forms, and building techniques, it is functionally impossible to separate pre-Islamic Christian Egypt from early Islamic Egypt. Although population may have become largely Muslim by 10th century, Egypt remained Coptic in many senses even to 14th century and retains sizeable Christian minority to present. Survey of archaeological remains and standing architecture of Egypt from 6th to 19th century, charting changes and continuities in material culture and shifts in human geography and land use.

ART HIS C127B Neoclassicism and Romanticism, with emphasis on France--development and influence of David, Ingres, and Delacroix

ART HIS C136D Black portraiture is everywhere--gallery walls; Capitol Hill; the cover of *Vanity Fair*, *Time*, and *Vogue*; public and private collections; and the UCLA campus. Examination of the evolution and popularity of the Black portrait across mediums, geographies, and time. Consideration of enduring debates concerning Black figuration while also investigating how artists of African descent have changed the conventions of portraiture and ideas about picturing the self. Consideration of the expectations of portraits, what is Black about the Black portrait, and other questions.

ART HIS 144 Cultural history of Caribbean.

ART HIS C148D Study in Chinese painting and sculpture.

Asian

ASIA AM 40 Orientation of foundational philosophical and literary texts in the classical Chinese or Sinitic/East Asian tradition. Shared by modern China, Japan, Korea, and Vietnam, these texts provide the rhetorical, intellectual, and ethical framework for premodern cultural tradition; and also serve as political, aesthetic, and moral anchors for contemporary media, art, and social discourse. Reading of classical texts from the pre-Qin Chinese received tradition (Confucianism, Daoism, Legalism). Exploration of the religious canon of Mahayana Buddhism. Engagement with classical literary works representing Chinese, Japanese, Korean, and Vietnamese traditions. Students relate the philosophical and literary works to their own lived experiences

ASIA AM 135 Examination of Asian foodways from 19th century to present, looking at how

Asian and Western foods have impacted each other as they cross borders. Offers insight into how political, economic, and cultural forces of globalization manifest themselves in everyday life. Focus is on East Asian cuisines, but students are encouraged to incorporate additional information on South and Southeast Asian cuisines.

Asian American Studies

ASIA AM 10 Multidisciplinary examination of history of Asians and Pacific Islanders in U.S.

ASIA AM 30W Multidisciplinary introduction to Asian American literature and cultural production. Exploration of cultural politics and creative expression of Asia Pacific Americans in their own terms and in context of emergence and reception of artistic works--from personal, local, regional, national, and to global/imperial. Implicit and explicit comparison of Asian American cultural production to diverse experiences of other aggregated groupings, historic and emergent. Addresses intersectional issues of gendering, sexuality, non-secularity, and socioeconomic conditions.

Astronomy

ASTR 4 Introduction to exotic cosmic phenomena known as black holes, and their bizarre effects on fabric of space and time. Some black holes form in violent events that terminate lives of stars, while formation of much more massive black holes at centers of galaxies is still mysterious. Covers cosmic catastrophes including stellar explosions and mergers, supernovae, gamma-ray bursts, and gravitational waves. Discussion of depiction of black holes in popular culture.

ASTR 5 Topics include formation and evolution of Earth and Sun, life on Earth, origin and evolution of life, solar system, habitability, extra-solar planets, search for intelligent life in universe, and interstellar travel. Draws primarily from astronomy and biology but includes some chemistry, geology, and physics.

ASTR 140 Designed for upper-division Astrophysics and Physics majors. Focus on basic unit of structure in universe: galaxies. Consideration of physics governing their structure and evolution, and how galaxy population has evolved over history of universe. Other topics include Milky Way, stellar dynamics, active galactic nuclei, and galaxy clusters.

Central and East European Studies

C&EE ST 31 Interdisciplinary introduction to diversity of languages and cultures represented in Department of Slavic, East European, and Eurasian Languages and Cultures through medium of film.

Chicana/o and Central American Studies

CCAS M128 Introduction to history and organization of labor movement in U.S. and North America. Discussion of race, class, and gender issues raised within movement, and various strategies for social change and economic equity pursued through organized labor and other means.

CCAS M128C Study blends frameworks from economics, labor history, and ethnic studies to offer in-depth exploration of lives and experiences of garment industry workers from early 19th century to present. In contrast to traditional narratives, study locates garment workers--majority of whom are immigrant women--at vanguard of U.S. labor movement, showing how they pioneered new forms of worker education and other social welfare programs, and became leaders in fight for women's, civil, and immigrant rights. Exploration of garment work relationship to American culture, tracing how sweatshop became symbol of worker exploitation, how popular culture and fashion trends impacted lived realities of workers in those shops, and how racial and gendered expectations shaped public perceptions of garment workers. By doing so, study reveals garment work to be central thread that ties together histories of global trade, industrialization, gender and sexuality, immigration, radicalism, unionization, and American imperialism.

CCAS 131 Construction of model by which to organize study of Chicana/Chicano popular culture by focusing on barrio as metaphor for community. Examination of beliefs, myths, and values of Chicana/Chicano culture and representations in icons, heroes, legends, stereotypes, and popular art forms through literature, film, video, music, mass media, and oral history.

CCAS 146 Introduction to major Chicano narrative genres--novel, romance, satire, autobiography, cronicón/semblanza, Chicana detective novel, and Chicana solidarity fiction.

Texts examined within their own geographic, cultural, and historical contexts, as well as within history of narrative forms.

Chinese

CHIN 50 Introduction to most important aspects of Chinese culture. Topics include early Chinese civilization, historical development of Chinese society, issues of ethnicity, Chinese language and philosophy, and early scientific and technological innovation.

CHIN 134 Interdisciplinary survey of historic and literary gardens in China, with focus on English translations of texts by native writers and recent Western scholarship

Classics

CLASSIC 20 Study of Roman life and culture from time of city's legendary foundations to end of classical antiquity. Readings focus on selections from works of ancient authors in translation. Lectures illustrated with images of art, architecture, and material culture.

CLASSIC 51B Survey of major period, theme, or medium of Roman art and archaeology at discretion of instructor.

Earth, Planetary, and Space Sciences

EPS SCI 17 Global urbanization together with historical demographic population shift to coastal areas, especially around Pacific Ocean's Ring of Fire, are placing increasingly large parts of this planet's human population at risk due to earthquakes, volcanos, and tsunamis. Global climate change combines with variety of geologic processes to create enhanced risks from catastrophic mass movements (e.g., landslides), hurricanes, floods, and fires. Exploration of physical processes behind natural disasters and discussion of how these natural events affect quality of human life

EPS SCI 17 Exploration of biology, evolution, and extinction of dinosaurs and close relatives, in context of history of biosphere. Information from paleontology, biology, and geology.

Ecology and Evolutionary Biology

EPS SCI 120 Designed for departmental majors specializing in environmental and population biology. Introduction to mechanics and processes of evolution, with emphasis on natural selection, population genetics, speciation, evolutionary rates, and patterns of adaptation.

EE BIOL 154 Introduction to structure, biodiversity,

and dynamics of California ecosystems, with focus on Southern California, and impact of human activities on these systems.

Economics

ECON 1 Introduction to principles of economic analysis, economic institutions, and issues of economic policy. Emphasis on allocation of resources and distribution of income through price system.

ECON 2 Introduction to principles of economic analysis, economic institutions, and issues of economic policy. Emphasis on aggregative economics, including national income, monetary and fiscal policy, and international trade.

ECON 106M Application of analytical tools of economics and finance to real-world problems in financial markets to link models students have learned in prior courses to patterns observed in financial markets and to understand when it is that further theoretical refinements are required to better account for certain observed patterns. Development of understanding of potential effects of monetary and regulatory policies on financial markets. Topics include bond market, stock market, foreign exchange market, financial crises, and financial regulation. Analysis and discussion of lessons of subprime crisis and European sovereign debt crisis.

English

ENGL 10A Survey of major writers and genres, with emphasis on tools for literary analysis such as close reading, argumentation, historical and social context, and critical writing.

ENGL 11 Exploration of question of what is meant by America, and hence what is meant by American culture and American studies. Addresses concepts of origins (real or imagined beginnings of cultural formations), identities (narratives of people and places), and media (creative process as manifest in aesthetic forms, artistic movements, and information systems).

ENGL 60 Focus on women writers and filmmakers who live in and write about Los Angeles. Ranging personal essay, memoir, science fiction, romantic comedy, sitcom, and documentary, writers and filmmakers encountered linger and loiter in L.A.'s neighborhoods and their communities that expand, complicate, and enrich what we think we know about City of Angels. Students become particularly attuned to how race, ethnicity, gender, sexuality, and class inform one's orientation to and mobility within

L.A. Study of history of L.A., from its more visible areas like Hollywood or Beverly Hills to its edges and outlying spaces like San Fernando Valley, Inland Empire, and East L.A. Students think critically about how women's accounts of living in, or visiting, L.A. have contributed to and intervened within stories city tells about itself.

ENGL M118F Introduction to interdisciplinary field of food studies, with focus on how literature, art, science writing, and visual culture address political dimensions of food and agriculture in specific contexts.

Geography

GEOG 2 Biogeographic exploration of plant and animal diversity and conservation issues on continents and islands around world. Study of physical, biotic, and human factors responsible for evolution, persistence, and extinction of species and ecological communities. Analysis of effects of human activity

GEOG 3 Introduction to cultural geography of modern world, with examination of key concepts of space, place, and landscape as these have shaped and been shaped by connections between societies and their natural environments. Examples from variety of landscapes and places since 1800 and especially from Los Angeles region.

GEOG 7 Introduction to fundamental principles and concepts necessary to carry out sound geographic analysis with geographic information systems (GIS). Reinforcement of key issues in GIS, such as geographic coordinate systems, map projections, spatial analysis, and visualization of spatial data. Laboratory exercises use database query, manipulation, and spatial analysis to address real-world problems.

History

HIST 1C Introduction to history of the West and its connection to rest of world after 1715, during period of sweeping political, social, and cultural tensions and transformations. Topics covered include industrialization, rise of nationalism and mass politics, revolutionary movements, urbanization, mass global migrations, European expansion and imperialism, and decolonization, leading to emergence of new nation states in Europe's former colonies.

HIST 3A Survey of beginnings of physical sciences involving transformation from Aristotelian to Newtonian cosmology, mechanization of natural

world, rise of experimental science, and origin of scientific societies

HIST 10B Survey of social, economic, and political developments in Africa since 1800, with focus on slave trade, imperialism and colonialism, and nationalism and independence. Attention to different ideologies (nationalism, socialism, apartheid), rural/urban tensions, changing role of women.

HIST 153 Study of West as frontier and as region, in transit from Atlantic seaboard to Pacific, from 17th century to present.

HIST 170 Political events and intellectual developments seen in context of social-economic trends; human agency, structural change, and historical conjunctures in 20th century.

Linguistics

LING M4 Homo Sapiens is only species on Earth with capacity to create infinite number of utterances from small inventory of speech sounds. How and why our species developed this ability is question of fundamental scientific and humanistic importance. Survey of origin of human language from number of intellectual perspectives, including linguistics, anthropology, and evolutionary biology. Exploration of relationship between language faculty and linguistic theory.

Musicology

MUSCLG 5 Analysis of forms, practices, and meanings of rock and roll music, broadly conceived, from its origin to present. Emphasis on how this music has reflected and influenced changes in sexual, racial, and class identities and attitudes

MUSCLG 35 Exploration of history of opera from its origins in Florentine Camerata in Italy in early 17th century, through ages of Enlightenment and Romanticism, and ending with modern era of early 20th century. History of opera, biography of composers and singers, operatic conventions, dramaturgy, plot, stagings, hermeneutics of opera, and musical style, with focus on learning appreciation of music of opera within rich context of its compelling history

MUSCLG 125C Introduction to history, culture, and structure of Western music, in modern and postmodern eras, through selected topics, repertoires, and analytical techniques

MUSCLG 128 Introduction to study of popular music through American history, with emphasis on music of Americas, Afro-diasporic music, and

socioeconomic structure of music making in industrial society.

Philosophy

PHILOS 4 Critical study of principles and arguments advanced in discussion of current moral issues. Possible topics include revolutionary violence, rules of warfare, sexual morality, right of privacy, punishment, nuclear warfare and deterrence, abortion and mercy killing, experimentation with human subjects, rights of women.

PHILOS 21 Can we know anything with certainty? How can we justify any of our beliefs? Introduction to study of these and related questions through works of some great philosophers of modern period, such as Descartes, Hume, Leibniz, or Berkeley.

PHILOS 31 Elements of symbolic logic, sentential and quantificational; forms of reasoning and structure of language.

Psychology

PSYCH 110 Experimental findings on animal and human conditioning; retention and transfer of training; relation of learning and motivation. Intended to provide empirical basis for theory and research in this area.

PSYCH 119V

Multiple forms of art express uniqueness of human brain and mind. Discussion of neural underpinnings of art in artist and viewer and links to evolutionary, biological, aesthetic, cognitive, and social roots of art.

PSYCH 102B

Acquisition of information about physical world through basic sensory mechanisms and perceptual processes. Perception of objects, surfaces, space, motion, and events. Connections between information, computations, and biological mechanisms in vision, audition, and other systems.

PSYCH 124G Discussion of cognitive, social, and emotional changes that happen with age, how people live and learn, focus on what is important, achieve balance, and get better with age. Topics include happiness, memory, brain training, use of emerging technology, wisdom, humor, habits, retirement, and what constitutes successful aging.

Political Science

POL SCI 10 Exposition and analysis of selected

political theorists and concepts from Plato to the present.

POL SCI 20 Introduction to problems of world politics.

POL SCI 140A Study of those factors which affect character of the legislative process and capacity of representative institutions to govern in contemporary society.

POL SCI 171D Study of negotiation and bargaining in different contexts. Experiential exercises with emphasis on various aspects of negotiation, including coalition formation, honesty, and role of agents.

Public Affairs

PUB AFF 10 Introduction to social scientific approaches to study of social problems and their solutions. Using selected contemporary social problems as cases, and drawing on variety of sources (such as scholarly readings, video clips, and guest speakers), exploration of how social problems and their solutions come to be defined, roles that economic, political, educational, and cultural institutions play in perpetuating or solving social problems, and how individuals, social advocates, and communities can lead or impede social change.

PUB AFF 70 Examination of sources and varieties of knowledge produced in social sciences. Evaluation of types of evidence, arguments, and persuasion on social problems and public issues. Examination of public life of evidence and arguments by different actors in social policy-making, persuasion, and propaganda process.

PUB AFF 112 Introduction to theories, real-life examples, and applied skills for understanding and contributing to social movements. Examination of how and why social movements emerge; how and why people join, lead, stay, or drop out of movements; and strategies and tactics by which social movements enact change. Draws upon wide range of social movements inside and outside of U.S.

PUB AFF 121 Introduction to economic and sociological approaches to analyzing dimensions, causes, and consequences of inequality in society. Introduction to public policy concepts and tools for analyzing key urban, labor, and social policies that may help to alleviate inequality in society.

Religion

RELIGN M107 Acquisition of understanding of

basic doctrines and practices of Islam. Survey of history of Islam in West, with focus on U.S. and France. Analysis of issues relevant to growth and development of selected Muslim communities in West. Exposure to diverse expressions of Islam through independent research on Muslim communities and institutions in U.S.

RELIGN M135 Introductory survey of various ancient Israelite religious beliefs and practices, their origin, and development, with special attention to diversity of religious practice in ancient Israel and Canaan during 1st millennium BCE.

RELIGN M175 Intensive investigation of one or two topics or works in philosophy of religion, such as attributes of God, arguments for or against existence of God, or relation between religion and ethics.

Sociology

SOCIOL 1 Survey of characteristics of social life, processes of social interaction, and tools of sociological investigation.

SOCIOL 111 Analysis of how social networks create social structure, how social actors utilize them, and their unexpected effects. Topics include job search, firm efficiency, and social movements. Visualization programs, computer simulations, and research project.

SOCIOL 122 Exploration of macro-, meso-, and micro-level theories of violence, why states organize violence, why civilizations participate in violence, and physical, structural, and symbolic violence. Discussion of how various social categories such as race, ethnicity, religion, class, gender, and sex are implicated in violence and examination of cases of interstate war, genocide, civil war, terrorism, and pogroms from around world.

SOCIOL 145 Examination of leading sociological approaches to study of deviation and general survey of major types of deviation in American society.

Scandinavian

SCAND 40 Heroic Journey in Northern Myth, Legend, and Epic

SCAND 60

Broad introductory overview of cinematic traditions of Nordic countries. Survey of wide range of films to become familiar with several significant threads running throughout history of Nordic film, while simultaneously building necessary tools with which

to write effectively about film narrative. Offers historical and theoretical framework for understanding Nordic cinema by reading several relevant texts touching on issues such as globalization, immigration, Dogme 95, and feminist film theory.

World Arts and Cultures

WL ARTS C142 Myths make sense of world and its peoples, purposes, and places. Rituals embody and activate myths through dramatic transformative devices. Concurrently scheduled with course C242.

WL ARTS 100A Discussion of what constitutes artist's social responsibility and in what ways art is qualified to engage in direct political action. Study of tension between powers of this world and powers of art.

End of List

Apply online at <https://www.semel.ucla.edu/longevity/how-find-class-apply>,
OR submit this form by **February 27th** to: srscholars@mednet.ucla.edu (email)

Name: _____ **Phone:** _____
Email: _____ Course confirmations will be sent by email.
Age: ☐ 50-59 ☐ 60-69 ☐ 70-79 ☐ 80-89 ☐ 90+
 Have you taken classes as a Senior Scholar before? ☐ Yes ☐ No
If No, how did you hear about the program? _____

COURSE SELECTIONS

Department & Course #	Course Title
Course 1: _____	_____
Course 2: _____	_____
Alternate course: _____	_____

An alternate course is a class you would like us to request if your first choice is denied.
*Attendance in any course must be approved by the professor through the Longevity Center.
This application does not guarantee acceptance in the course(s) you requested.

PAYMENT

Course fees below include a \$30 non-refundable administrative fee per course.

<input type="checkbox"/> Course 1\$200	Credit Card: <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> AmEx <input type="checkbox"/> Discover Card #: _____ Exp. Date: ____/____ CSC*: _____ <i>*card security code</i> Billing Address: _____
<input type="checkbox"/> Course 2\$200	
<input type="checkbox"/> Course 3\$200	

Total amount to charge: \$ _____

PROGRAM AGREEMENT

Everyone involved in the Senior Scholars Program knows what a tremendous opportunity it is to learn from some of the top professors in the country on many fascinating topics. To optimize your experience of the program, as well as that of the professors and UCLA students involved, please keep in mind the following guidelines:

1. Please keep personal opinions and beliefs out of the classroom.
2. Enrolled undergraduate students have priority seating.
3. The instructor will determine the acceptable level of participation from auditors. Please allow the enrolled undergraduate students the opportunity to participate first. If you are participating in an online course, please keep your microphone muted.
4. Discussion sessions/labs and professors' office hours are intended for enrolled students, not Senior Scholars.
5. The Scholars program is not responsible for any additional fees incurred, including but not limited to: book, material and parking fees.
6. Please refrain from emailing the professor directly, unless the professor initiates the communication.
7. Scholars auditing in person courses must adhere to UCLA COVID-19 protocols.
8. Senior Scholars are to refrain from reaching out directly to the UCLA IT team, all requests must come directly from the Senior Scholars office. This includes any Bruin Learn or other IT related issue.

*Participation in the Senior Scholars Program is a privilege. The Program expects that its Scholars will comply with Program guidelines at all times. The failure to comply with any guideline(s) may prevent a Scholar from further participation in the Program

Signature: _____ **Date:** _____
☐ Check here if you **do not** want to be added to the Longevity Center contact list for news.

Online Instruction Q&A

How long is UCLA going to have online instruction?

UCLA has announced Summer Sessions will be a hybrid quarter of in person courses and online courses. This likely will continue for the foreseeable future.

What software is required for online instruction? How do I learn how to use it?

Each class approaches online instruction in a different way, but the majority depend on the use of Zoom, a free video conferencing platform, and the course websites, where readings, class materials and prerecorded lectures may be posted. Scholars will be trained on how to use Zoom and the course websites before the quarter starts and technological assistance will be provided throughout the quarter.

Is the Senior Scholars Program still holding events?

All social programming has been moved online and will be held using Zoom.

Can I visit the Senior Scholars Coordinator in their office?

The Senior Scholars Coordinator is primarily working from home. The center is not currently open for visitors.

Can I mail or fax in an application?

We cannot accept applications via mail or fax. You are welcome to apply online, over the phone, or email.

Other Longevity Center Programs

These programs have been modified and are only offered virtually. To learn more about the modified programs please us at Longevity@mednet.ucla.edu

Brain Boot Camp is a course that offers individualized healthy-aging lifestyle programs, tips for a healthy heart and brain diet, and advanced memory techniques for learning and recalling names and other common memory challenges. For more information, contact us at Longevity@mednet.ucla.edu.

Memory Training is a course for people with mild memory concerns. Certified volunteer trainers teach proven memory-enhancing techniques that address common everyday memory concerns. For more information, please contact please contact us at Longevity@mednet.ucla.edu.