

2025

CURRICULUM VITAE

NAME: Richard Joel Metzner, M.D.

PERSONAL HISTORY:

CONTACT:

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WEBSITES: depressionconsultant.info, pcfala.net

BIRTHPLACE: Los Angeles, California

BIRTHDATE: February 15, 1942

EDUCATION:

Undergraduate: Stanford University, Stanford, California,
1959-1963; B.A. (with Distinction) 1963.
Major: Psychology (Honors) and Pre-med;
Phi Beta Kappa.

Medical School: Johns Hopkins School of Medicine, Baltimore,
Maryland, 1963-1967; M.D. 1967.

Internship: Mount Sinai West, formerly Roosevelt Hospital,
New York, New York, 1967-1968.

Residency: Stanford University Medical Center, Dept.
of Psychiatry, Stanford, California, 1968-1971.

MILITARY: U.S. Public Health Service, 1968-1971, Assistant Surgeon, retired.

MEDICAL LICENSE: California: #G-16504 (1969-present)

BOARD CERTIFICATION: American Board of Psychiatry and Neurology (P), 1974.

PROFESSIONAL EXPERIENCE:

PRESENT POSITION:

Private practice of general psychiatry, Los Angeles, California (1974-)

PAST/CONCURRENT EXPERIENCES:

1. Research Assistant, Department of Psychology, Stanford University, 1962.
2. Clinical Clerk, Department of Nuclear Medicine, Wadsworth V.A. Hospital, Los Angeles, 1963, 1964.
3. Research Assistant, U.C.L.A. Department of Psychiatry, 1965.
4. Research Assistant, Camarillo State Hospital, 1966.
5. Research Assistant, Johns Hopkins Medical School, Dept. of Psychiatry, 1967.
6. Staff Psychiatrist, Agnews State Hosp., Mountain View, California, 1970-1971.

7. Staff Psychiatrist, Santa Clara Valley Med.Center, San Jose, CA, 1970-1971.
8. Staff Psychiatrist, Division of Manpower and Training Programs, National Institute of Mental Health, Rockville, MD and Washington, D.C., 1971-1973.
9. Staff Psychiatrist, Prince Georges Community Mental Health Center, Silver Spring, MD, 1972.
10. Private Practice of General Psychiatry, Bethesda, Maryland, 1972-1973, Sedona, Arizona, 1997-2010.
11. Chief, Audiovisual Education System and Director, Learning Resources Lab, V.A. Medical Center, Brentwood, Los Angeles, California, 1973-1979.
12. Assistant Professor of Psychiatry in Residence, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1973-1974.
13. Adjunct Assistant Professor of Psychiatry, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1974-1980.
14. Consultant, Audiovisual Examination Project, American Board of Psychiatry and Neurology, Evanston, Illinois, 1974-1978.
15. Lecturer, U.C.L.A. School of Social Welfare, 1976-1981.
16. Courtesy Staff, Westwood Hospital, Los Angeles, 1975-1979.
17. Courtesy Staff, Century City Hospital, Los Angeles, 1976-1981, 1995-present.
18. Courtesy Staff, Los Angeles New Hospital, Los Angeles, 1976-1980.
19. Courtesy Staff, Saint Johns Hospital, Santa Monica, 1980-83.
20. Director, Western Institute of Psychiatry, Los Angeles, 1977-1995.
21. President, Psychiatric Resource Network, Inc., Los Angeles, 1983-1989.
22. Associate Clinical Professor of Psychiatry, Voluntary, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1980-1996.
23. Co-Leader, Adult Outpatient Team, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1992-1997.
24. Board of Directors, Shirley and Stefan Hatos Neuroscience Research Foundation, Los Angeles, 1993-2012.
25. Board of Directors, U.C.L.A. Psychiatric Clinical Faculty Association, 1996-present.
26. Executive Board, U.C.L.A. Psychiatric Clinical Faculty Association, 1996-present.
27. Clinical Professor of Psychiatry, Voluntary, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1996-present.
28. Co-Leader, Psychiatric Residents' Process Group, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1997-1999.
29. President, Psychiatric Clinical Faculty Association at U.C.L.A., 2001-2002.
30. Serotonin Special Issue Board, GlaxoSmithKline, Inc., 2001-2002.
31. U.S. C.N.S. Scientific Advisory Board, Wyeth-Ayerst, 2001-2002.
32. Faculty Co-Chairperson, Primary Care Updates: Depression and Herpes, Postgraduate Institute of Medicine, Nov.-Dec., 2002.
33. President, Scaled Psychiatric Systems, Inc. 2010-present
34. Founder, DepressionConsultant.info, 2011-present
35. President-Elect, Psychiatric Clinical Faculty Association at U.C.L.A., 2023-2025.

PROFESSIONAL ACTIVITIES:

COMMITTEES:

1. Objectives of Residency Training and Methods of Evaluation Subcommittee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1975-76.
2. 1st Year Curriculum Subcommittee, Residency Training Committee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1976-77.
3. Adult Division Media Committee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1975-76.
4. Education Committee, V.A. Hospital Brentwood, Chairman, 1976-78.
5. Curriculum Subcommittee, Education Service, V.A. Hospital Brentwood, Chairman, 1976-79.
6. Audiovisual Education System Subcommittee, Education Committee, V.A. Hospital Brentwood, Chairman, 1976-79.
7. V.A. District 26 Education Task Force, Chairman, 1976-78.
8. Computer Committee, Southern California Psychiatric Society, Founder and Chairman, 1983-84.
9. NPI/H Strategic Planning Project, Academic Research and Education Work Group, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1992-1993.
10. Process Groups in Residency Committee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1993.
11. Twenty-First Century Psychiatry Prize Committee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, Founder and Chairman, 1996-present.
12. Psychiatric Residency Education Committee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1997.
13. Psychiatric Residency Research Grant Subcommittee of the Executive Board, U.C.L.A. Psychiatric Clinical Faculty Association U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, Chairman, 1997-99.
14. Long-Term Psychotherapy Subcommittee of the Executive Board, U.C.L.A. Psychiatric Clinical Faculty Association U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1997-99.
15. Clinical Faculty Computer Database Subcommittee of the Executive Board, U.C.L.A. Psychiatric Clinical Faculty Association U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, Chairman, 1997-present.
16. Volunteer Clinical Faculty Academic Appointments and Advancement Committee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 1997- 2000.
17. Clinical Faculty Internet Website Subcommittee of the Executive Board, U.C.L.A. Psychiatric Clinical Faculty Association, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, Chairman, 2000-2002.
18. Departmental Steering Committee, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 2001-2002.
19. Blue Ribbon Committee on Clinical Faculty Issues, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, 2002.
20. PCFA Finance Subcommittee, 2012-2018.
21. PCFA Website Subcommittee, 2010-present.
22. Volunteer Clinical Faculty Appointments and Promotions Committee

(VolCAP) of the Faculty Executive Committee, David Geffen School of Medicine, UCLA, July 1, 2022-present.

AFFILIATIONS:

1. American Psychiatric Association (Distinguished Life Fellow)
2. Southern California Psychiatric Society

FUNDRAISING:

Finances raised for PCFA to use on behalf of psychiatric residency education at UCLA

1. Metzner Family Trust - Gift of \$50,000, 2017.
2. The Richard Metzner Psychotherapy Scholarship Fund, 2019-present.
3. The Rose and Irving Hammer Fund - Bequest of \$500,000 - 2023.

HONORS AND SPECIAL AWARDS:

1. International Film and Television Festival of New York, Bronze Award, 1976, for "Making a Good Impression."
2. International Film and Television Festival of New York, Bronze Award, 1978, for videotape "Management of the Hypertensive Outpatient."
3. International Film and Television Festival of New York, Gold Award, 1979, for videotape "Images of Depression."
4. 2006 Career Achievement Award, Psychiatric Clinical Faculty Association, UCLA.
5. The Richard Metzner Endowed Chair in Clinical Neuropharmacology, Department of Psychiatry and Biobehavioral Sciences, UCLA, 2007-2015.
6. The Melvin Mandel Distinguished Service Award, Psychiatric Clinical Faculty Association, UCLA, 2017.
7. 2024-2025 Department of Psychiatry & Biobehavioral Sciences Excellence in Teaching Award in the **Lifetime Achievement** category.
Link to video of presentation on June 3, 2025: <https://vimeo.com/1090271970?share=copy#t=0>

LECTURES AND PRESENTATIONS:

1. Chairperson and speaker at numerous American Psychiatric Association annual meeting symposia since 1969, e.g., speaker and chairperson at industry-sponsored symposium "Neurotransmitters in Depression: New Possibilities," May 16, 2000 in Chicago, IL. Paper delivered: "The targeted treatment of depression;" May 26, 2005 in Atlanta, GA scientific session "Measuring Mood Disorders." Paper presented: "The TTDI: A new depression inventory designed to guide antidepressant selection." May 21, 2007 in San Diego, CA and October 13, 2007 in New Orleans, LA, New Research Poster Sessions, NR s#349 and #160: "The Targeted Treatment Depression Inventory (TTDI): Results of a One Year National Pilot Study;" May 20, 2009 in San Francisco, CA scientific session "Algorithms and Other Models in the Treatment of Depression."

Paper presented: “Can Clinicians Improve Antidepressant Remission Rates with Better Algorithms.”

2. Speaker at many educational presentations throughout Western Hemisphere since 1990. Topics: “Optimizing Antidepressants,” “Advanced Techniques in the Treatment of Depression,” etc., e.g., principal speaker at multi-national psychiatric symposium, August 18, 2000 in Punta Cana, Dominican Republic.
3. 536 additional international speaking and consulting events since 2001

PUBLICATIONS

Research Papers (Peer-Reviewed).

1. Deutsch JA, Adams DW and Metzner RJ, Choice of intra-cranial stimulation as a function of delay between stimulations and strength of competing drive, *Journal of Comparative and Physiological Psychology*, 57:241-3, April, 1964.
2. Metzner RJ and Golden JS, Psychological factors influencing female patients in the selection of contraceptive devices, *Fertility and Sterility*, 18:845-45, November-December, 1967.
3. Hadden JW and Metzner RJ, Pseudoketosis and hyperacetaldehydemia in paraldehyde acidosis, *American Journal of Medicine*, 283:876-70, October 15, 1970.
4. Metzner RJ and Bittker TE, Videotape Production by Medical Educators: Some Practical Considerations, *Journal of Medical Education*, 48:743-51, August, 1973.
5. Metzner RJ, “Viewpoint: The impact of neurochemical mediators on antidepressant effectiveness,” [ACS Chem. Neurosci.](#), 4 (9), 2013.
DOI: 10.1021/cn400135e.

Research Paper (Peer-Reviewed, self-published).

1. Metzner RJ and Ho, AP, A Symptom-guided system for improving antidepressant outcomes: An observational study”
<http://depressionconsultant.info/images/pdf/ttdireport.pdf>

Chapters

1. Ilfeld FW and Metzner RJ, Alternatives to violence: strategies for social change, in *Violence and the Struggle for Existence*, Daniels, Ochberg and Gilula, eds., Little, Brown & Co., Boston, 1971.
2. Metzner RJ, Videotape self-confrontation after narcotherapy: a brief report on the videoscanning technique, in *Videotape Techniques in Psychiatric Training and Treatment-Revised Edition*, Berger, M., ed., Brunner/Mazel, New York, 1978.
3. Yager J, Rudnick FD, and Metzner RJ, Anorexia nervosa: a current perspective and some new directions, in *Psychiatric Research in Practice: Biobehavioral Contributions*, Serafetinides, S., ed., Grune and Stratton, New York, 1981.
4. Metzner RJ, Audiovisual media in psychiatric education, in *Teaching Psychiatry and Behavioral Science*, Yager, J., ed., Grune and Stratton, New York, 1982.

Articles

1. Metzner RJ, “A Legitimate Therapy Suffers Rip-Offs – Sexual Abuse: Pressures for faster cost-effective therapy have contributed to a new syndrome of false ‘recovered memories,’ ” Opinion essay in [Los Angeles Times](#).

December 3, 1993.

- 2.. Metzner RJ, "Prozac is Medicine, Not a Miracle," Opinion essay in [*Los Angeles Times*](#), March 14, 1994.
3. Metzner RJ, "Psychiatry in Winter," *Southern California Psychiatrist*, October, 1998.
4. Metzner RJ, "Throwing Away the PITS," [*Southern California Psychiatrist*, January, 1999](#)
5. Metzner RJ, "Psychiatry on the Net," *U.C.L.A. Psychiatric Clinical Faculty Association Newsletter*, March, 1999.
6. Metzner RJ, "Psychiatry on the Net," *Southern California Psychiatrist*, July, 1999.
7. Metzner RJ, "A Puzzling Patient," *Southern California Psychiatrist*, August-September, 1999.
8. Metzner RJ, "Neuroplastic Man Untangled," [*Southern California Psychiatrist*, January, 2000](#)
9. Metzner RJ, "Practicing in Two States," *U.C.L.A. Psychiatric Clinical Faculty Association Newsletter*, February, 2000.
10. Metzner RJ, "Developmental Milestones of a Young Database," *U.C.L.A. Psychiatric Clinical Faculty Association Newsletter*, October, 2000.
11. Metzner RJ, "President's Column," *U.C.L.A. Psychiatric Clinical Faculty Association Newsletter*, April, 2001.
12. Metzner RJ, "President's Column," *U.C.L.A. Psychiatric Clinical Faculty Association Newsletter*, February, 2002.
13. Metzner RJ, "Distinction at the 'W'," *U.C.L.A. Psychiatric Clinical Faculty Association Newsletter*, January, 2003.
14. Metzner RJ (editor and content specialist) and Ho AP, (webmaster) TTDI Website, 2005-2017.
15. Metzner RJ (editor), Depression Consultant Website (www.depressionconsultant.info) 2011- present.
16. Metzner RJ (editor), PCFA Website (www.psychiatricfaculty.org) 2012-2017.
17. Metzner RJ (editor), Psychiatric Clinical Faculty Association Online Digital Psychopathology Library (ODPaL), 2014-present.
18. Metzner RJ (editor), *Journal of the Psychiatric Clinical Faculty Association (JPCFA)*, 2014-2017
19. Metzner RJ, "Individualizing the treatment of depression," [*JPCFA*](#), 2014.
20. Metzner RJ, "Theoretical formulas for modeling capability and lethality in normal and abnormal mental states," [*JPCFA*](#), 2014.
21. Metzner RJ, "Specific and non-specific factors in the treatment of depression," [*JPCFA*](#), 2015.
22. Metzner RJ, "Suicidal ideation at 35,000 feet: duty to warn versus right to privacy," [*JPCFA*](#), 2015.
23. Metzner RJ, "Are good psychiatrists an endangered species?" [*JPCFA*](#), 2015.
24. Metzner RJ (acting editor), [*Psychiatric Clinical Faculty Association Newsletter*](#), June, 2016.
25. Metzner RJ, "PCFA Straddles Two Revolutions," [*Psychiatric Clinical Faculty Association Newsletter*](#), 8-9, June, 2016.
26. Metzner RJ, "The PISSED Syndrome" [*JPCFA*](#), 2018.
27. Metzner, RJ, "Reflections on physician wellness," [*JPCFA*](#), 2018.

28. Metzner RJ, "The creation of a new video-mediated psychiatric interviewing course – a resident/clinical faculty collaboration," [Psychiatric Clinical Faculty Association Newsletter](#), 8-11, June, 2019.
29. Metzner RJ, "Telepsychiatry during the COVID-19 pandemic," [Psychiatric Clinical Faculty Association Newsletter](#), 6-8, June, 2020.
30. Metzner RJ, "The PCFA Psychotherapy Program — Maintaining thirty years of success under new UC guidelines," [Psychiatric Clinical Faculty Association Newsletter](#), 8-9, September, 2021
31. Metzner RJ, "The Fate of a Golden Age," [Psychiatric Clinical Faculty Association Newsletter](#), 6, September, 2024

Patent

Metzner RJ, A method for the targeted treatment of depression, Filing date, July, 2002.
[U.S. Patent 7553834](#)

Non-Print Media

1. Metzner RJ (director, co-producer, writer, narrator and interviewer, with Bittker TE), "Signs of Madness," videotape, twenty-six minutes, Stanford University Medical Center Department of Psychiatry, Palo Alto, California, 1971.
2. Metzner RJ (director, co-producer, writer and narrator, with Bittker T.E.), "A Videotape Concept in the Treatment of Alcoholism," videotape, twenty-eight minutes, National Institute of Mental Health, Saint Elizabeth's Hospital, Washington, D.C, 1972.
3. Metzner RJ (director, co-producer, writer, narrator and interviewer with Bittker TE), "Videotape Feedback for Patients and Physicians in the Treatment of Alcoholism," videotape, thirty-six minutes, National Institute of Mental Health, Saint Elizabeth's Hospital, Washington, D.C, 1972.
4. Metzner RJ (director, co-producer, writer and narrator, with Bittker T.E.), "A Child's Garden of Psychodramatic Production Techniques," videotape, thirty minutes, National Institute of Mental Health, Saint Elizabeth's Hospital, Washington, D.C, 1972.
5. Metzner RJ, (producer and content consultant), "Audiovisual Board Examination in Psychiatry and Neurology," videotape, ninety minutes, V.A. Medical Center Brentwood, U.C.L.A. Department of Psychiatry and Biobehavioral Sciences, and The American Board of Psychiatry and Neurology, Inc., Los Angeles, 1974.
6. Metzner RJ, (producer, writer, editor, and narrator) "Regionalization in Southern California", videotape, thirty minutes, V.A. Medical Center Brentwood, Los Angeles, 1974.
7. Metzner RJ and Reed AH, The Audiovisual Written Examination: Preliminary Report, Report No. I from the Audiovisual Examination Project of the American Board of Psychiatry and Neurology, Inc., V.A. Medical Center Brentwood, Los Angeles, 1975 (Confidential, Restricted Circulation).
8. Metzner RJ and Reed AH, The Audiovisual Written Examination: Final Report and Evaluation, Report No. II from the Audiovisual Examination Project of the American Board of Psychiatry and Neurology, Inc., V.A. Medical Center Brentwood, Los Angeles, 1975 (Confidential, Restricted Circulation).
9. Metzner RJ, (producer) "Medical Student Interview," videotape, thirty minutes, V.A. Medical Center Brentwood, Los Angeles, 1976.

10. Metzner RJ, (producer, writer, and narrator) "An Overview of AVES," videotape, fifteen minutes, V.A. Medical Center Brentwood, Los Angeles, 1976.
11. Metzner RJ, (producer, content consultant and interviewer) "Four Psychiatric Interviews: Series I," board examination videotape, eighty minutes, V.A. Medical Center Brentwood and the American board of Psychiatry and Neurology, Inc., Los Angeles, October, 1976.
12. Metzner RJ, (producer, content consultant and interviewer) "Four Psychiatric Interviews: Series II," board examination videotape, eighty minutes, V.A. Medical Center Brentwood and the American board of Psychiatry and Neurology, Inc., Los Angeles, December, 1976.
13. Metzner RJ, (producer, director) "Making a Good Impression," 16mm film, twenty five minutes, V.A. Medical Center Brentwood, Los Angeles, 1976.
14. Metzner RJ, (executive producer) "Dedication," 16mm film, thirty-five minutes, V.A. Medical Center Brentwood, Los Angeles, 1976.
15. Metzner RJ, (producer, content consultant, simulator) "Simulated Violent Patient Interviews," videotape, fifteen minutes, V.A. Medical Center Brentwood, Los Angeles, 1976.
16. Metzner RJ, (executive producer) "Human Services Worker," videotape, thirty minutes, V.A. Medical Center Brentwood, Los Angeles, 1976.
17. Metzner RJ, (producer) "Wilfred Bion Seminars," videotape, eight hours, V.A. Medical Center Brentwood, Los Angeles, 1976.
18. Metzner RJ, (executive producer) "The Tavistock Series," videotape, three hours, V.A. Medical Center Brentwood, Los Angeles, 1976.
19. Metzner RJ, (producer, content consultant, interviewer/ therapist) "Amytal Interview Series," seventy-five videotapes, approximately sixty minutes each, V.A. Medical Center Brentwood, Los Angeles, 1976-78.
20. Metzner RJ, (producer, content consultant and interviewer) "Four Psychiatric Interviews: Series III," board examination videotape, eighty minutes, V.A. Medical Center Brentwood and the American board of Psychiatry and Neurology, Inc., Los Angeles, March, 1977.
21. Metzner RJ, (producer, content consultant and interviewer) "Three Psychiatric Interviews: Series IV," board examination videotape, eighty minutes, V.A. Medical Center Brentwood and the American board of Psychiatry and Neurology, Inc., Los Angeles, May, 1977.
22. Metzner RJ, (producer, writer, narrator and interviewer/ therapist) "Videotape Self-confrontation After Narcotherapy ," twenty minutes, V.A. Medical Center Brentwood, Los Angeles, 1977.
23. Metzner RJ, (executive producer) "Confronting the Alcoholic Family," videotape, thirty minutes, V.A. Medical Center Brentwood, Los Angeles, 1977.
24. Metzner RJ, (producer, content consultant and interviewer/ therapist) "Anorexia Nervosa Interview and Body Image Feedback Series," ten videotapes, approximately sixty minutes each, V.A. Medical Center Brentwood, Los Angeles, 1977-79.
25. Metzner RJ, (producer and interviewer/ therapist) "Patterns of Psychopathology Interview Series," fifty videotapes, approximately twenty minutes each, V.A. Medical Center Brentwood, Los Angeles, 1977-79.

25. Metzner RJ, (producer, content consultant, interviewer and patient simulator, with Addis, B) "Four Simulated Psychiatric Interviews," videotape, thirty minutes, V.A. Medical Center Brentwood, Los Angeles, 1977.
27. Metzner RJ, (producer) "Resident Seminar Psychiatric Interview Series," thirty videotapes, approximately twenty minutes each, V.A. Medical Center Brentwood, Los Angeles, 1977-78.
28. Metzner RJ, (producer) "Ongoing Psychodynamic Psychotherapy Series," sixteen videotapes, approximately fifty minutes each, V.A. Medical Center Brentwood, Los Angeles, 1977-79.
29. Metzner RJ, (executive producer, writer) "Caring for the Substance Abusing Patient," videotape, forty-three minutes, V.A. Medical Center Brentwood, Los Angeles, 1978.
30. Metzner RJ, (executive producer, writer) "Management of the Hypertensive Outpatient," videotape, thirty minutes, V.A. Medical Center Brentwood, Los Angeles, 1978.
31. Metzner RJ, (executive producer, content consultant) "The Enabling Interview - Parts I and II," two videotapes, thirty-five minutes each, V.A. Medical Center Brentwood, Los Angeles, 1978.
32. Metzner RJ, (executive producer) "The Effects of Psychiatric Medication," videotape, twenty minutes, V.A. Medical Center Brentwood, Los Angeles, 1978.
33. Metzner RJ, (producer) "Social Setting Detoxification," videotape, ninety minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
34. Metzner RJ, (producer) "Rehabilitation of the Chronic Patient," videotape, twenty minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
35. Metzner RJ, (producer, content consultant, and interviewer) "Chronic Schizophrenic and Schizoaffective Disorders," videotape, twenty-eight minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
35. Metzner RJ, (producer, director, content consultant and therapist) "Anorexia Nervosa," videotape, twenty minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
37. Metzner RJ, (producer) "Tardive Dyskinesia," videotape, ninety minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
38. Metzner RJ, (producer, interviewer) "Management of Drug Emergencies," videotape, forty minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
39. Metzner RJ, (producer, director, content consultant and therapist) "Forensic Psychiatry," videotape, forty-five minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
40. Metzner RJ, (producer) "Integrative Creative Arts Therapy," videotape, forty-five minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
41. Metzner RJ, (producer) "The Anticipatory Grief Group," videotape, forty minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
42. Metzner RJ, (producer, content consultant) "The Mediated Relaxation Response," videotape, thirty minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.
43. Metzner RJ, (writer and narrator) "Images of Depression," videotape, sixty minutes, and three illustrated workbooks, Western Institute of Psychiatry and Roche Laboratories, Los Angeles, 1979.
44. Metzner RJ, (producer) "Structural Family Therapy with Dr. Salvatore Minuchin," videotape, ninety minutes, V.A. Medical Center Brentwood, Los Angeles, 1979.

45. Metzner RJ, "Psychiatric Office Manager," computer software, Psychiatric Resource Network, Los Angeles, 1984.
46. Metzner RJ, (producer, therapist), "Amytal Interview Series", fifteen videotapes, Western Institute of Psychiatry, Los Angeles, 1993.
47. Metzner RJ and Lin A (co-editors), PCFA Website (www.pcfala.net) 2017-present.

Poetry and Fiction

1. Metzner RJ, "Sound of One Hand," *A Muse to Follow: The National Library of Poetry*, Watermark Press, Owings Mills, 1996.
2. Metzner RJ, "The Europa Connection: A Brief History of the Future," [wattpad.com/story/338221028](https://www.wattpad.com/story/338221028), March 31, 2023.