

Robert Winston, MD
Professional Profile

Education

Medical College of Wisconsin, M.D., 1973
University of California at Los Angeles, Bachelor of Science, Psychology, 1969

Medical Training

Harbor-UCLA Medical Center, Residency in Psychiatry, 1974-1978
Harbor-UCLA Medical Center (Harbor General Hospital), Rotating Internship 1973-1974

Maudsley Hospital/Institute of Psychiatry 1979
London, England
Independent Study/Training

Professional Experience

December 1, 2000 – present
Gelbart and Associates
3333 Skypark Drive Suite 220
Torrance, California 90505
Phone: 310 257-5750
Fax: 310 257-5753

Part-time contract psychiatric consultant for medication
assessment/treatment of clients late-teen and older

January 1997 – May 2015
Kaiser Permanente Medical Group
2081 Palos Verdes Drive North
Lomita, California 90717
Phone: 310 325-6542
Fax: 310 517-4388

Per Diem Psychiatrist. Emergency evaluations;
In-patient consultations; Outpatient clinic treatment of adults;
Individual/group medication management.

July 1997 – July 2013
Pacific Resources Psychological Group (Now: Pacific Psych Solutions)
4300 Long Beach Blvd. #340
Long Beach, California 90807
Phone: 562 269-0000

Part-time contract psychiatric consultant for medication
assessment/treatment of clients mid-teen and older.

June 1997 – December 31, 2002
South Bay Center For Counseling
(Former affiliate of Beach Cities Health District)
El Segundo, California 90245

Part time volunteer psychiatric consultant

1978 – 1996
MCC Behavioral Care of California, Inc.
801 N. Brand Blvd., Suite 1150
Glendale, California 91203 (Corporate Offices)
Subsidiary of CIGNA Healthplans
(Originally Ross-Loos Medical Group)
(1978 to early 1979 Ross-Loos → sabbatical → late 1979 return to Ross-Loos)

Full time psychiatric staff physician providing a broad range
of outpatient services to adult client population.

Professional Affiliations

Medical License State of California
American Board of Psychiatry and Neurology, 1979
Assistant Clinical Professor, UCLA School of Medicine, Department of Psychiatry
Professional Staff Association, Harbor-UCLA Medical Center
Psychiatric Clinical Faculty Association, UCLA School of Medicine, Dept. of Psychiatry
American Psychiatric Association
Southern California Psychiatric Society