

Seeking Adolescents Aged 14 to 17 Years with ADHD and Delayed Sleep-Wake Schedule for Flashed Light Therapy and Cognitive Behavioral Therapy

Participation involves:



- 3-hour initial evaluation involving interviews and questionnaires
- 7 weeks of continuous sleep monitoring with watch and sleep diary
- 2 weeks of at-home flashed light therapy
- Pre-treatment, mid-treatment, and post-treatment assessments, involving saliva samples, interviews, and questionnaires, lasting about 8 hours
- 4 weeks of flashed light therapy with 50-minute weekly cognitive behavioral therapy via videoconferencing
- Cash payment of up to \$410



For more information
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